



- Membership Sales
- Floor Instructor
- Aerobic Instructor
- Kid's Club Attendant
- Receptionist
- Housekeeping

**GHFC use only**

Pay yes/no	Wm/Fr. yes/no
Yr. yes/no	WkEn. yes/no
Pr. yes/no	1st Ch. yes/no

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

D.O.B. \_\_\_\_\_ Phone Number \_\_\_\_\_

E-mail Address \_\_\_\_\_

**How Did You Hear About Us?**    Alligator    Friend    Facebook    Other \_\_\_\_\_

**Our Passion**

**MISSION**

To keep Gainesville the healthiest community in America one person at a time, one business at a time.

**CORE PURPOSE**

To create an experience that helps people get the most out of life.

**VISION**

To become known as one of the best companies for the world

What Are You Passionate About? use additional sheets if necessary \_\_\_\_\_

**GHFC Core Competencies**

**Integrity**

We define integrity as always doing the right thing even when no one is looking. We do not lie, steal, or cheat. As Mark Twain said, "When in doubt, tell the truth."



**Creating Our Own Future**

Our greatest power is the freedom to choose; we decide what we do, what we think, and where we go. No one can take this power away from us; it is ours alone. We can do what we want to do; we can be who we want to be. We develop our own future by applying persistence to the possibilities. Our future is all around us. If we seek, we will find it. If the door is closed, we must knock and keep knocking until it opens. We never give up. Winston Churchill was once asked how history would remember him. He replied, "History will be kind for I intend to write it."

**Hardworking**

We give 100% effort to everything we do and we work until the job gets done. The mental fortitude required in the high intensity workout interview sets the tone for our company. We want people whose nature is to work hard.



**Extraordinary Commitment To Helping People**

We offer a consistent level of service that far exceeds the ordinary. We actively search for ways to anticipate and accommodate the needs and wants of our fellow employees, customers, and community.



Choose one that best represents you, and why? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Winners never cheat, cheaters never win. – If you make a mistake, make a new one each time. The eyes of people speak the words the tongue can't pronounce

What you see depends on how you look at it. – Doing nothing for others is the undoing of ourselves

# All About Me

Greatest Achievement

Greatest Challenge

Personal mission or favorite quote

Values/Skills

Purpose in life

I will graduate \_\_\_\_\_  
 I am doing an internship \_\_\_\_\_  
 This summer I plan to \_\_\_\_\_  
 When I have free time, I like to (list 3 things):  
 \_\_\_\_\_  
 \_\_\_\_\_

How many semesters are you wanting to work at  
 GHFC? - # of Semesters \_\_\_\_\_  
 Exceptions \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## Why GHFC?

Please state why you have a desire to work with GHFC. Tell us what special qualities you possess that will make a difference to the members, guests, and staff. Use additional sheets if necessary.

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## What Hours Are Best For You?

Part Time      Full Time      Over Night Shift      # of desired hours per week \_\_\_\_\_

Availability	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM							
Afternoon							
PM							

Education	Name	Location	Years Attended	Degree Earned	Major/ Area of Study
High School					
College/University					

Service isn't a big thing, it's a humongous thing. – An ounce of example is worth a pound of advice

You may be disappointed if you fail, but you're doomed if you do not try. – Life is a journey, not a destination.

## GHFC Culture... Answer these questions to the best of your ability

### Section A: I enjoy

- talking to people a little more than listening to people,
- listening to people a little more than talking to people

### Detailed plans

- make me feel "boxed in",
- make me feel good

### At parties, I find that generally

- people approach me,
- I approach people

### Section B: Choose the word or phrase that you find MORE ATTRACTIVE

- Using my brain
  - Using my heart
- 

- "tried and true" way of doing something
  - new and creative way of doing something
- 

- Imagine
  - Observe
- 

- Different
  - Standard
- 

- Think about it
  - Talk about it
- 

- Emotion
  - Logic
- 

- Manufacture
  - Conceive
- 

- Being noticed
- Noticing others

### Section C: Choose the word or phrase that DESCRIBES YOU BETTER

- Tidy
  - Relaxed
- 

- River (moving, energetic)
  - Lake (quiet, deep)
- 

- Organized
  - Free Flowing
- 

- Calm
  - Exciting
- 

- Likes to plan
  - Takes life as it comes
- 

- Thinks out loud
  - Thinks before speaking
- 

- Make friends quickly
  - Make friends carefully
- 

- Starting projects
  - completing projects
- 

- Inner-directed
  - Outgoing
- 

- Let things happen
- Decide what happens

Your attitude determines your attitude.

The relationship is the communication bridge between people.

There is no traffic jam no the extra mile.

Circle the phrase All About Me

**Employment History**

Name of Company	Dates Employed		Duties
Employer/Supervisor	From	To	
Address			
Telephone Number(s)	Hourly Rate/Salary		
Job Title	Starting	Final	
Reason for leaving			

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Are you legally able to be employed in the USA? YES NO

Have you ever plead no contest or been convicted of a criminal offense/felony? YES NO

If yes, please explain \_\_\_\_\_

In case of emergency notify

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Address: \_\_\_\_\_ Relation: \_\_\_\_\_

I understand that I am consenting to a voluntary, high-intensity strength training workout. The purpose of this workout is so GHFC can evaluate my ability to: 1. follow direction, and 2. be a hard worker. I understand the risk inherent in exercising and there is a possibility of injury. I am accepting all responsibility for my wellbeing. Yes \_\_\_ No \_\_\_ If no, explain \_\_\_\_\_

It is your responsibility to disclose any prior or current injuries and/ or health restrictions to the trainer at the time of the interview as well as any injuries that may occur during the time of the interview. \_\_\_ Initial please.

If under 18 years of age parent signature required \_\_\_\_\_

I certify that this information is accurate and complete. Giving incomplete or false information in an application for employment is a serious matter and is grounds for not being hired or termination of employment, whenever discovered. I hereby acknowledge notification that GHFC may request information regarding my previous employment and personal history from the references listed, or any other source. I authorize GHFC to perform a drug test and credit and criminal background check and release GHFC from all liability which may arise as a result of performing these checks. I also acknowledge that the information learned during these checks will be used to determine whether I will be employed. Further, I understand and agree that my employment is for no definite period of time and may, regardless of date of payment of my wages and salary, be terminated at any time.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_