

Gainesville Health & Fitness Center Is Developing Perfect

The Storm

Storm Roberts
Radio Personality
Lost Over 100 Pounds

“When I first came to Gainesville Health & Fitness Center, I was almost 300 pounds. How fat was I? When I danced, I’d make the band skip. My rear end had its own congressman. The back of my neck looked like a pack of hot dogs. I had a smaller fat guy orbiting

around me. I was two donuts away from effecting the tide. Now I lost over 100 pounds and have cut my blood pressure medicine in half. Sitting behind a microphone doesn’t leave much time for exercise especially when people bring you food all the time. But after working with a personal trainer, I’m a changed person. Now people don’t recognize me and I can get away with more pranks and mischief than before.”



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Gainesville
Health & Fitness®